



DROP-IN NET SPORTS

SCHEDULE OF DROP-IN SPORTS

APRIL 2024

Sammamish Community YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Badminton 7-9:45 am Large Gym	Pickleball 6:30-9:45 am Large Gym	Badminton 7-9:45 am Large Gym West Half	Pickleball 6:30-9:45 am Large Gym	Badminton 7-10:45 am Small Gym	Pickleball 7-9:45 am Large Gym	Family Badminton 8-11 am Large Gym
Adult Pickleball 12:30-3 pm Large Gym	Adult Pickleball 12:30-3 pm Beginner/Intermediate Preferred Large Gym	Adult Pickleball 12:30-6:45pm Large Gym	Adult Pickleball 12:30-3 pm Large Gym	Community Pickleball 12:30-3 pm Large Gym	55+ Pickleball 9am-12pm CWU gym	
			Table Tennis 12:30-6 pm Group Fitness 1			
			Pickleball 4-6:30 pm Small Gym	Table Tennis 12:30-5:30 pm Group Fitness 1	Table Tennis 12-6:30 pm Group Fitness 1	Table Tennis 1:15-3:45 pm Group Fitness 1
	Pickleball 4-6:30 pm Small Gym		Volleyball 5:30-8:45 pm Large Gym West Half	Pickleball 4-6:30 pm Small Gym		
Family Badminton 5:30-8:45 pm Large Gym		Adult Badminton 7:45-9:45 pm CWU Gym	Adult Badminton 8:15-9:45 pm CWU Gym	Adult Badminton 6:45-9 pm Small Gym	Family Badminton 5-7 pm Large Gym	Family Pickleball 3:30-6pm Large Gym

View all schedules online at seattleyymca.org/schedules

Schedules may change without notice.

The YMCA Gymnasium at Central Washington University (CWU)
is located at 120 228th Ave NE.

Adult Net Sports

Reserved for our members 18 and older.

Family Net Sports

Time for families to play together.

Community Net Sports

Y members and City of Sammamish community participants alike are welcome to participate. Community participants will be asked to present photo ID to enter.

55+ Pickleball

Open to Sammamish residents age 55 and older. Y membership not required. Community participants will be asked to present photo ID to enter.

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