FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

MARCH 2019

All Times Subject to Change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	Lap Lanes: 1 2 3 4 5 6	Lap Lanes: 1 2 3 4 5 6	Lap Lanes: 1 2 3 4 5 6	Lap Lanes: 1 2 3 4 5 6	Lap Lanes: 1 2 3 4 5 6	Lap Lanes: 1 2 3 4 5 6	Lap Lanes: 1 2 3 4 5 6	
5am	Lap Swim; Lap Swim	Lap Swim; Lap Swim	Lap Swim; Lap Swim	Lap Swim; Lap Swim	Lap Swim; Lap Swim	Pool opens at 6am	Pool opens at 6am	5am
	5:30-6:30am Masters	5:30-6:30am Masters	5:30-6:30am Masters	5:30-6:30am Masters	5:30-6:30am Masters			
6am	Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	6am
7am								7am
8am	8:30-9:30am Aqua Fitness-All Levels	8:30-9:30am Aqua Fitness-Mixed Depth	8:30-9:30am Aqua Fitness-All Levels	8:30-9:30am Aqua Fitness-Mixed Depth	8:30-9:30am Aqua Fitness-All Levels	8-12pm *YMCA Program Swim Lessons; Adult Lap (14+); 8-11am *YMCA Program Swim Lessons	7:45-11am *YMCA Program Swim Lessons; Adult Lap Swim; Adult Lap Swim; Adult Lap Swim	8am
9am	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim			9am
10am								10am
11am	11:15am-12:15pm Pre-Masters	11:15am-12:15pm Pre-Masters	11:15am-12:15pm Pre-Masters	11:15am-12:15pm Pre-Masters	11:15am-12:15pm Pre-Masters		Lap Swim; Lap Swim; Lap Swim	11am
12pm	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim; Lap Swim	12-12:50pm Rec Swim	12-12:50pm Rec Swim	12pm
1pm						1-1:50pm Rec Swim	1-2pm Rec Swim	1pm
2pm						2-2:50pm Rec Swim	Lap Swim	2pm
3pm						3-3:50pm Rec Swim	2:30-3:20pm *Community Swim A	3pm
4pm	4-7pm *YMCA Program Swim Lessons; Adult Lap (14+)	4-7pm *YMCA Program Swim Lessons; Adult Lap Swim (14+); 4:15-5:15pm Community Partner	4-7pm *YMCA Program Swim Lessons; Adult Lap Swim (14+)	4-7pm *YMCA Program Swim Lessons; Adult Lap Swim (14+); 4:15-5:15pm Community Partner	4-7:15pm *YMCA Program Swim Lessons; Adult Lap Swim (14+)	4-4:50pm Rec Swim	3:30-4:20pm *Community Swim B	4pm
5pm	5-7pm *YMCA Program Swim Lessons	5:15-7pm *YMCA Program Swim Lessons	5-7pm *YMCA Program Swim Lessons	5:15-7pm *YMCA Program Swim Lessons	4-7:15pm *YMCA Program Swim Lessons	5-5:50pm Rec Swim	4:30-5:20pm *Community Swim C	5pm
6pm						6-7:30pm Rec Swim	Pool closes at 5:30pm	6pm
7pm	7-8pm Aqua Zumba; 7-8pm *YMCA Program	Adult Lap (14+); *YMCA Prog; Adult Lap (14+); 7-8pm *YMCA Program	7-8pm Aqua Fitness (All Levels); 7-8pm *YMCA Program	Adult Lap (14+); *YMCA Prog; Adult Lap (14+); 7-8pm *YMCA Program	Lap Swim; Lap Swim; 7:15-8:15pm Community Partner	Pool closes at 7:30pm	***Feb 10: Pool closes at 3:20pm	7pm
8pm	Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim	Lap Swim; Lap Swim; Lap Swim; Lap Swim	Lap Swim; Lap Swim			8pm
9pm								9pm

* Registration is required - see Member Services for information.

Update 2/14/2019]