



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LARGE GYMNASIUM

Room Schedule for DECEMBER 1-21, 2018

Separate modified facility schedules available for Dec 22-Jan 4

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
MORNING CLASSES															
Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Pickleball - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Pickleball - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Closed		Closed			
	Open Gym 6:30am-9:30am		Open Gym 6:30am-10:15am	Zumba 9:45am-10:45am Jessica			Open Gym 6:30am-9:30am		Zumba 9:45am-10:45am Rachel		Open Gym 6:30am-9:15am	Open Gym 6am-9:15am	Basketball - Adult 6am-9:15am	Pickleball 6am-10am	Badminton - Adult 6am-8am
Zumba 9:45am-10:45am Christina		Open Gym 9:30am-10:15am		Open Gym 11am-12pm	Core Strength 11am-11:30am Tim	Zumba 9:45am-10:45am Rachel		Open Gym 9:30am-12pm	Zumba Gold 9:30am-10:25am Diana	Zumba 9:30am-10:30am Christina		Open Gym 10:30am-12pm	Badminton - Family 8am-11:45am		
Open Gym 11am-12pm	Zumba Gold 11am-11:55am Diana	Zumba 10:30am-11:30am Rachel			Open Gym 11:30am-12pm	Basketball - Adult 11am-12pm	Open Gym 11am-12pm		Open Gym 10:30am-12pm	Open Gym 10:45am-12pm	Open Gym 10:45am-12pm		Open Gym 10:30am-12pm		
AFTERNOON/EVENING CLASSES															
Open Gym 12pm-10pm	Open Gym 12pm-4pm	Open Gym 12pm-10pm	Open Gym 12pm-6pm	Open Gym 12pm-8pm	Open Gym 12pm-7:15pm	Open Gym 12pm-8pm	Open Gym 12pm-6:30pm	Open Gym 12pm-7:30pm	Open Gym 12pm-7pm	Open Gym 12pm-3:30pm	Open Gym 12pm-3:30pm	Open Gym 12pm-6pm	Open Gym 12pm-6pm		
	★ YMCA Program 4pm-5pm									Badminton - Family 4pm-5:45pm	Badminton - Family 4pm-5:45pm				
	Open Gym 5pm-6:30pm									Badminton - Adult 6pm-7:30pm	Volleyball - Family 6pm-7:30pm				
	Basketball - Adult 6:30pm-10pm									Badminton - Family 6:30pm-9:30pm	Basketball - Adult 8:15pm-10pm			Basketball - Adult 7:30pm-10pm	Volleyball - Adult 8:30pm-9:30pm
COMING THIS MONTH		MODIFIED FACILITY SCHEDULE					NET SPORTS					NET SPORTS (continued)			
		Mon, Dec 24, Christmas Eve: 5am-3pm					Badminton: see Small Gym, Large Gym, Central WA U schedules					Table Tennis in Group Fitness 1 room:			
		Tues, Dec 25, Christmas Day: Closed					Basketball: see Small Gym, Large Gym, Central WA U schedules					Monday: 3pm-5:30pm			
		Mon, Dec 31, Christmas Eve: 5am-3pm					Pickleball: see Large Gym, Central WA U schedules					Tuesday: 8:30pm-9:30pm			
Tues, Jan 1, New Year Day: Closed					Volleyball: see Large Gym, Central WA U schedules					Wednesday: 3pm-4pm					
										Thursday: 8:30pm-9:30pm					
										Saturday: 12:30pm-7:30pm					
										Sunday: 1:30pm-5:30pm					

★ YMCA Programs require registration. See Member Services for additional information.