



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LAP POOL SCHEDULE

DECEMBER 22, 2018 – JANUARY 4, 2019

All Times Subject to Change

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY					
	Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5am	Lap Swim																		Lap Swim						Lap Swim						Pool opens at 6am						Pool opens at 6am					
6am	5:30-6:30am Masters																		5:30-6:30am Masters						5:30-6:30am Masters						Pool opens at 6am						Pool opens at 6am					
7am	Lap Swim												Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
8am	Lap Swim												Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
9am	8:35-9:35am Aqua Fitness-All Levels												8:35-9:35am Aqua Fitness-All Levels						8:35-9:35am Aqua Fitness-Mixed Depth						8:35-9:35am Aqua Fitness-All Levels						Lap Swim						Lap Swim					
10am	Lap Swim												Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
11am	Lap Swim												Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
12pm	Lap Swim						11:15am-12:15pm Pre-Masters						11:15am-12:15pm Pre-Masters						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
1pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
2pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
3pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
4pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
5pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
6pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
7pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
8pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
9pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					

Y Facility closed on  
Tues, Dec 25, 2018  
Tues, Jan 1, 2019

Pool closed at 2:30pm  
Y Facility closed at 3pm  
on  
Mon, Dec 24, 2018  
Mon, Dec 31, 2018

\*\* Friday, Jan 4, 2019: Swim lanes are reserved for Swim Lessons from 4pm-7:15pm.

\* Registration is required - see Member Services for information.