



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

DECEMBER 1-21, 2018

Separate modified facility schedules available for Dec 22-Jan 4, 2019

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY												
	Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes																		
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6							
5am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool opens at 6am						5am												
6am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool opens at 6am						6am												
7am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool opens at 6am						7am												
8am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool opens at 6am						8am												
9am	8:35-9:35am Aqua Fitness-All Levels						8:35-9:35am Aqua Fitness-Mixed Depth						8:35-9:35am Aqua Fitness-All Levels						8:35-9:35am Aqua Fitness-Mixed Depth						8:35-9:35am Aqua Fitness-All Levels						8-12pm *YMCA Program Swim Lessons						9am												
10am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						8-12pm *YMCA Program Swim Lessons						10am												
11am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						*YMCA Program Swim Lessons						11am						
12pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						12pm						
1pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						1pm						
2pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						2pm						
3pm	Adult Lap Swim (14+) 2:45-4pm Community Partner						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						3pm						
4pm	4-7pm *YMCA Program Swim Lessons						4-7pm *YMCA Program Swim Lessons						4-7pm *YMCA Program Swim Lessons						4-7pm *YMCA Program Swim Lessons						4-7:15pm *YMCA Program Swim Lessons						4-7:15pm *YMCA Program Swim Lessons						4pm												
5pm	Adult Lap (14+) 5-7pm *YMCA Program Swim Lessons						Adult Lap Swim (14+) 4-5pm Community Partner						Adult Lap Swim (14+) 4-5pm Community Partner						Adult Lap Swim (14+) 4-5pm Community Partner						Adult Lap Swim (14+) 4-5pm Community Partner						4-7:15pm *YMCA Program Swim Lessons						5pm												
6pm	7-8pm Aqua Zumba						7-8pm *YMCA Program						7-8pm Aqua Fitness (All Levels)						7-8pm *YMCA Program						7-8pm *YMCA Program						7-8pm *YMCA Program						4-7:15pm *YMCA Program Swim Lessons						6pm						
7pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool closes at 5:30pm						7pm
8pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool closes at 5:30pm						8pm
9pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool closes at 5:30pm						9pm
	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Pool closes at 7:30pm						

* Registration is required - see Member Services for information.

Update 11/21/2018