



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LARGE GYMNASIUM

Room Schedule for NOVEMBER 2018

Separate modified facility schedules available for Nov 22-25

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
MORNING CLASSES															
Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Pickleball - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Pickleball - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Closed		Closed			
	Open Gym 6:30am-9:30am		Open Gym 6:30am-10:15am	Zumba 9:45am-10:45am Jessica			Open Gym 6:30am-9:30am		Zumba 9:45am-10:45am Rachel		Open Gym 6:30am-9:15am	Open Gym 6am-9:15am	Basketball - Adult 6am-9:15am	Pickleball 6am-10am	Badminton - Adult 6am-8am
Zumba 9:45am-10:45am Christina		Open Gym 9:30am-10:15am		Open Gym 11am-12pm	Core Strength 11am-11:30am Tim	Zumba 9:45am-10:45am Rachel		Open Gym 9:30am-12pm	Zumba Gold 9:30am-10:25am Diana			Zumba 9:30am-10:30am Christina			Badminton - Family 8am-11:45am
Open Gym 11am-12pm	Zumba Gold 11am-11:55am Diana	Zumba 10:30am-11:30am Rachel			Open Gym 11:30am-12pm	Basketball - Adult 11am-12pm	Open Gym 11am-12pm		Open Gym 10:30am-12pm	Open Gym 10:45am-12pm	Open Gym 10:45am-12pm	Open Gym 10:30am-12pm			
AFTERNOON/EVENING CLASSES															
Open Gym 12pm-10pm	Open Gym 12pm-4pm	Open Gym 12pm-10pm	Open Gym 12pm-6:15pm	Open Gym 12pm-8pm	Open Gym 12pm-7:15pm	Open Gym 12pm-8pm	Open Gym 12pm-6:30pm	Open Gym 12pm-7:30pm	Open Gym 12pm-7pm	Open Gym 12pm-3:30pm	Open Gym 12pm-3:30pm	Open Gym 12pm-6pm	Open Gym 12pm-6pm		
	★ YMCA Program 4pm-5pm				Reserved for ★ YMCA Programs Kids U 11/ 21 2pm-4pm					Reserved for ★ YMCA program Lunch & Jump Indoor Recess 11/29 12-1:30pm	Reserved for ★ YMCA Program Family Badminton 11/16 5pm-6:30pm			Badminton - Family 4pm-5:45pm	Badminton - Family 4pm-5:45pm
	Open Gym 5pm-6:30pm				Youth Badminton 11/7-11/28 101: 4:15pm-5pm 201: 5:15pm-6pm 301: 6:15pm-7pm					★ YMCA Program Family Badminton 11/16 5pm-6:30pm	Badminton - Adult 6pm-7:30pm			Volleyball - Family 6pm-7:30pm	
	Basketball - Adult 6:30pm-10pm				Badminton - Family 6:30pm-9:30pm					Basketball - Adult 8:15pm-10pm	Basketball - Adult 7:30pm-10pm			Volleyball - Adult 8:30pm-9:30pm	Volleyball - Adult 7pm-9:30pm
COMING THIS MONTH	MODIFIED FACILITY SCHEDULE Thursday, Nov 22, Thanksgiving: 7am-12pm Friday, Nov 23, Day After Thanksgiving: 7am-10pm					NET SPORTS Badminton: see Small Gym, Large Gym, Central WA U schedules Basketball: see Small Gym, Large Gym, Central WA U schedules Pickleball: see Large Gym, Central WA U schedules Volleyball: see Large Gym, Central WA U schedules					NET SPORTS (continued) Table Tennis in Group Fitness 1 room: Monday: 3pm-5:30pm Tuesday: 8:30pm-9:30pm Wednesday: 3pm-4pm Thursday: 8:30pm-9:30pm Saturday: 12:30pm-7:30pm Sunday: 1:30pm-5:30pm				