



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

NOVEMBER 2018

Separate modified facility schedules available for Nov 22-25

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY					
	Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						5am					
6am	Lap Swim	5:30-6:30am Masters					Lap Swim	5:30-6:30am Masters					Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool opens at 6am						Pool opens at 6am						6am									
7am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8am Community Partner				Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	7am						
8am	8:30-9:30am Aqua Fitness-All Levels					Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:30-9:30am Aqua Fitness-Mixed Depth					Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8am						
9am	8:30-9:30am Aqua Fitness-All Levels					Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:30-9:30am Aqua Fitness-Mixed Depth					Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	9am						
10am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	10am						
11am	Lap Swim	Lap Swim	11:15am-12:15pm Pre-Masters			Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	11:15am-12:15pm Pre-Masters			Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	11am						
12pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	12pm							
1pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	1pm							
2pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	2pm							
3pm	Adult Lap Swim (14+)	2:45-4pm Community Partner					Adult Lap Swim (14+)	2:45-4pm Community Partner					Adult Lap Swim (14+)	2:45-4pm Community Partner					Adult Lap Swim (14+)	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	3pm								
4pm	4-7pm *YMCA Program Swim Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	4-7pm *YMCA Program Swim Lessons	Adult Lap Swim (14+)	4-5pm Community Partner			4-7pm *YMCA Program Swim Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	4-7pm *YMCA Program Swim Lessons	Adult Lap Swim (14+)	4-5pm Community Partner			4-7:15pm *YMCA Program Swim Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	4pm						
5pm	4-7pm *YMCA Program Swim Lessons	5-7pm *YMCA Program Swim Lessons				Lap Swim	4-7pm *YMCA Program Swim Lessons	Adult Lap Swim (14+)	5-7pm *YMCA Program Swim Lessons			4-7pm *YMCA Program Swim Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	4-7pm *YMCA Program Swim Lessons	Adult Lap Swim (14+)	5-7pm *YMCA Program Swim Lessons			4-7:15pm *YMCA Program Swim Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	5pm						
6pm	4-7pm *YMCA Program Swim Lessons	5-7pm *YMCA Program Swim Lessons				Lap Swim	4-7pm *YMCA Program Swim Lessons	Adult Lap Swim (14+)	5-7pm *YMCA Program Swim Lessons			4-7pm *YMCA Program Swim Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	4-7pm *YMCA Program Swim Lessons	Adult Lap Swim (14+)	5-7pm *YMCA Program Swim Lessons			4-7:15pm *YMCA Program Swim Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6pm						
7pm	7-8pm Aqua Zumba	7-8pm *YMCA Program				Adult Lap (14+)	7-8pm *YMCA Program	Adult Lap (14+)	7-8pm *YMCA Program			7-8pm Aqua Fitness (All Levels)	Adult Lap Swim (14+)	7-8pm *YMCA Program			Adult Lap (14+)	7-8pm *YMCA Program			7:15-8:15pm Community Partner	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	7pm						
8pm	Lap Swim	Lap Swim	Lap Swim	8-9:30pm Community Partner		*YMCA Prog	Adult Lap (14+)	Lap Swim	Lap Swim	8-9:30pm Community Partner		Lap Swim	Lap Swim	Lap Swim	Lap Swim	*YMCA Prog	Adult Lap (14+)	Lap Swim	Lap Swim	8-9:30pm Community Partner		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8pm						
9pm	Lap Swim	Lap Swim	Lap Swim	8-9:30pm Community Partner		*YMCA Prog	Adult Lap (14+)	Lap Swim	Lap Swim	8-9:30pm Community Partner		Lap Swim	Lap Swim	Lap Swim	Lap Swim	*YMCA Prog	Adult Lap (14+)	Lap Swim	Lap Swim	8-9:30pm Community Partner		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	9pm						

* Registration is required - see Member Services for information.