



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LARGE GYMNASIUM

Room Schedule for JUNE 25 – SEPTEMBER 2, 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
<b>MORNING CLASSES</b>																	
Badminton – Adult 5am-9:15am	Basketball – Adult 5am-6:30am	Pickleball – Adult 5am-9:15am	Basketball – Adult 5am-6:30am	Badminton – Adult 5am-9:15am	Basketball – Adult 5am-6:30am	Pickleball – Adult 5am-9:15am	Basketball – Adult 5am-6:30am	Badminton – Adult 5am-9:15am	Basketball – Adult 5am-6:30am	Closed		Closed					
	Zumba 9:45am-10:45am Christina		YMCA Program** 6:45am-12pm	Turbo Kick 9:30am-10:20am Jana	YMCA Program** 6:45am-12pm		Zumba 9:45am-10:45am Jessica		YMCA Program** 6:45am-12pm	Zumba 9:45am-10:45am Rachel	YMCA Program** 6:45am-12pm	Zumba Gold 9:30am-10:25am Diana	YMCA Program** 6:45am-12pm	Open Gym 6am-9:15am	Basketball – Adult 6am-9:15am	Pickleball 6am-10am	Badminton – Adult 6am-8am
							Zumba Gold 11am-11:55am Diana							Zumba 10:30am-11:30am Rachel	Core Strength 10:45am-11:15am Tim		YMCA Program** 11:30am-12pm *7/11-7/25
<b>AFTERNOON/EVENING CLASSES</b>																	
Open Gym 12pm-10pm	YMCA Program** 12pm-6:15pm	Open Gym 12pm-10pm	YMCA Program** 12pm-6:15pm	Open Gym 12pm-8pm	YMCA Program** 12pm-6:15pm	Open Gym 12pm-8pm	YMCA Program** 12pm-6:15pm	Reserved for YMCA Program** 1pm-1:30pm Jul 13 and Aug 10	YMCA Program** 12pm-6:15pm	Open Gym 12pm-6:15pm	Open Gym 12pm-3:30pm	Open Gym 12pm-3:30pm	Open Gym 12pm-6pm	Open Gym 12pm-6pm			
					Open Gym 6:30pm-7:30pm						Open Gym 12pm-6:15pm	Badminton – Family 4pm-5:45pm			Badminton – Family 4pm-5:45pm		
	Basketball – Adult 6:30pm-10pm		Badminton 6:30pm-10pm		Reserved for YMCA Program** Youth Badminton 6:15pm-7pm Aug 1- Aug 15		Volleyball – Adult 7pm-9:30pm		Open Gym – Teen 6:30pm-10pm		Badminton – Adult 6pm-7:30pm	Volleyball – Family 6pm-7:30pm	Closed				
Basketball – Adult 8:15pm-10pm	Basketball – Adult 7:30pm-10pm	Volleyball – Adult 8:30pm-9:30pm	<b>NET SPORTS</b>														
			<b>NET SPORTS (continued)</b>														
<b>COMING THIS MONTH</b>		<b>MODIFIED FACILITY SCHEDULE</b> Wednesday, July 4: Facility closed on Independence Day Monday, Sep 3: Facility closed on Labor Day				Badminton: see Small Gym, Large Gym, Central WA U schedules Basketball: see Small Gym, Large Gym, Central WA U schedules Pickleball: see Large Gym, Central WA U schedules Volleyball: see Large Gym, Central WA U schedules				Table Tennis in Group Fitness 1 room: Monday: 3pm-5:30pm      Thursday: 8:30pm-9:30pm Tuesday: 8:30pm-9:30pm      Saturday: 12:30pm-7:30pm Wednesday: 3pm-4pm      Sunday: 1:30pm-5:30pm							

\*\*YMCA PROGRAMS REQUIRE REGISTRATION. SEE MEMBER SERVICES FOR ADDITIONAL INFORMATION.