FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

JUNE 25 – SEPTEMBER 2, 2018

All Times Subject to Change

**** Morning Swim Lessons on Mon-Thurs begin June 25.**
***** Weekend Swim Lessons begin July 7.**
***** Weekday evening Swim Lessons begin July 9.**
When Swim Lessons are not in session, reserved lanes are for Lap Swim.

MONDAY

Lap Lanes 1 | 2 | 3 | 4 | 5 | 6

- 5am: Lap Swim (Lanes 1–6)
- 5:30–6:30am Masters (Lanes 2–6)
- 8am: ** 8–8:30am YMCA Program (Lanes 1–3); Adult Lap Swim (14+) (Lane 4); ** 7:30–11am YMCA Program Swim Lessons (Lanes 5–6)
- 8:35–9:35am Aqua Fitness-All Levels (Lanes 1–3)
- 9am: ** 9:30–11am YMCA Program Swim Lessons (Lanes 1–3)
- 11am: Lap Swim (Lanes 1–6)
- 12pm: Lap Swim (Lanes 1–6)
- 1pm: Lap Swim (Lanes 1–6)
- 2pm: Adult Lap Swim (14+) (Lanes 1–2); Lap Swim (Lanes 3–6)
- 3pm: Adult Lap Swim (14+) (Lanes 1–2); Lap Swim (Lanes 3–6)
- 4pm: *** 4–7pm YMCA Program Swim Lessons (Lanes 1–3); Lap Swim (Lanes 4–6)
- 5pm: Adult Lap Swim (14+) (Lanes 1–3); *** 5–7pm YMCA Program Swim Lessons (Lanes 4–6)
- 6pm: *** 5–7pm YMCA Program Swim Lessons (Lanes 4–6)
- 7pm: 7–8pm Aqua Zumba (Lanes 1–3); *** 7–8pm YMCA Program (Lanes 4–6)
- 8pm: Lap Swim (Lanes 1–6)
- 9pm: Lap Swim (Lanes 1–2)

TUESDAY

Lap Lanes 1 | 2 | 3 | 4 | 5 | 6

- 5am: Lap Swim (Lanes 1–3); Adult Lap Swim (14+) (Lane 4); Lap Swim (Lanes 5–6)
- 8am: ** 8–8:30am YMCA Program (Lanes 1–3); ** 7:30–11am YMCA Program Swim Lessons (Lanes 5–6)
- 8:35–9:35am Aqua Fitness-Mixed Depth (Lanes 1–3)
- 9am: ** 9:30–11am YMCA Program Swim Lessons (Lanes 1–3)
- 11am: Lap Swim (Lanes 1–6)
- 12pm: Lap Swim (Lanes 1–6)
- 1pm: Lap Swim (Lanes 1–6)
- 2pm: Lap Swim (Lanes 1–6)
- 3pm: Lap Swim (Lanes 1–6)
- 4pm: *** 4–7pm YMCA Program Swim Lessons (Lanes 1–3); 4–5pm Community Partner (Lanes 4–6)
- 5pm: Adult Lap Swim (14+) (Lanes 1–2); *** 5–7pm YMCA Program Swim Lessons (Lanes 3–6)
- 6pm: *** 5–7pm YMCA Program Swim Lessons (Lanes 3–6)
- 7pm: Adult Lap (14+) (Lane 1); *** 7–8pm YMCA Program (Lanes 2–6)
- 8pm: ... YMCA Prog (Lane 1); Adult Lap Swim (14+) (Lane 2); Lap Swim (Lanes 3–6)
- 9pm: Lap Swim (Lanes 1–6)

WEDNESDAY

Lap Lanes 1 | 2 | 3 | 4 | 5 | 6

- 5am: Lap Swim (Lanes 1–3); Adult Lap Swim (14+) (Lane 4); Lap Swim (Lanes 5–6)
- 8am: ** 8–8:30am YMCA Program (Lanes 1–3); ** 7:30–11am YMCA Program Swim Lessons (Lanes 5–6)
- 8:35–9:35am Aqua Fitness-All Levels (Lanes 1–3)
- 9am: ** 9:30–11am YMCA Program Swim Lessons (Lanes 1–3)
- 11am: Lap Swim (Lanes 1–6)
- 12pm: Lap Swim (Lanes 1–6)
- 1pm: Lap Swim (Lanes 1–6)
- 2pm: Lap Swim (Lanes 1–6)
- 3pm: Adult Lap Swim (14+) (Lanes 1–2); Lap Swim (Lanes 3–6)
- 4pm: *** 4–7pm YMCA Program Swim Lessons (Lanes 1–3); Lap Swim (Lanes 4–6)
- 5pm: Adult Lap Swim (14+) (Lanes 1–3); *** 5–7pm YMCA Program Swim Lessons (Lanes 4–6)
- 6pm: *** 5–7pm YMCA Program Swim Lessons (Lanes 4–6)
- 7pm: 7–8pm Aqua Fitness All Levels (Lanes 1–3); *** 7–8pm YMCA Program (Lanes 4–6)
- 8pm: Lap Swim (Lanes 1–6)
- 9pm: Lap Swim (Lanes 1–2)

THURSDAY

Lap Lanes 1 | 2 | 3 | 4 | 5 | 6

- 5am: Lap Swim (Lane 1); Lap Swim (Lanes 2–6)
- 5:30–6:30am Masters (Lanes 2–6)
- 8am: ** 8–8:30am YMCA Program (Lanes 1–3); ** 7:30–11am YMCA Program Swim Lessons (Lanes 5–6)
- 8:35–9:35am Aqua Fitness-Mixed Depth (Lanes 1–3)
- 9am: ** 9:30–11am YMCA Program Swim Lessons (Lanes 1–3)
- 11am: Lap Swim (Lanes 1–6)
- 12pm: Lap Swim (Lanes 1–6)
- 1pm: Lap Swim (Lanes 1–6)
- 2pm: Lap Swim (Lanes 1–6)
- 3pm: Lap Swim (Lanes 1–6)
- 4pm: *** 4–7pm YMCA Program Swim Lessons (Lanes 1–3); 4–5pm Community Partner (Lanes 4–6)
- 5pm: Adult Lap Swim (14+) (Lanes 1–2); *** 5–7pm YMCA Program Swim Lessons (Lanes 3–6)
- 6pm: *** 5–7pm YMCA Program Swim Lessons (Lanes 3–6)
- 7pm: Adult Lap (14+) (Lane 1); *** 7–8pm YMCA Program (Lanes 2–6)
- 8pm: ... YMCA Prog (Lane 1); Adult Lap (14+) (Lane 2); Adult Lap Swim (14+) (Lane 3); Lap Swim (Lanes 4–6)
- 9pm: Lap Swim (Lanes 1–6)

FRIDAY

Lap Lanes 1 | 2 | 3 | 4 | 5 | 6

- 5am: Lap Swim (Lane 1); Lap Swim (Lanes 2–6)
- 5:30–6:30am Masters (Lanes 2–6)
- 8:35–9:35am Aqua Fitness-All Levels (Lanes 1–5)
- 11am: Lap Swim (Lanes 1–6)
- 12pm: Lap Swim (Lanes 1–6)
- 1pm: Lap Swim (Lanes 1–6)
- 2pm: Lap Swim (Lanes 1–6)
- 3pm: Lap Swim (Lanes 1–6)
- 4pm: 4:30–6:05pm YMCA Program Swim Lessons (Lanes 1–2)
- 5pm: Lap Swim (Lanes 1–2)
- 6pm: Lap Swim (Lanes 1–2)
- 7pm: Lap Swim (Lanes 1–6)
- 8pm: Adult Lap Swim (14+) (Lanes 1–6)
- 9pm: Lap Swim (Lanes 1–6)

SATURDAY

Lap Lanes 1 | 2 | 3 | 4 | 5 | 6

- 5am: Pool opens at 6am (Lanes 1–6)
- 6am: Lap Swim (Lanes 1–2); Adult Lap (14+) (Lane 3); Lap Swim (Lanes 4–6)
- 7am: ** 7:30–11pm YMCA Program Swim Lessons (Lanes 1–2); *** 8–11pm YMCA Program Swim Lessons (Lanes 4–6)
- 8am: Lap Swim (Lanes 1–6)
- 9am: Lap Swim (Lanes 1–6)
- 10am: Lap Swim (Lanes 1–6)
- 11am: 11–11:50pm Rec Swim* (Lanes 1–6)
- 12pm: 12–12:50pm Rec Swim* (Lanes 1–6)
- 1pm: 1–1:50pm Rec Swim* (Lanes 1–6)
- 2pm: 2–2:50pm Rec Swim* (Lanes 1–6)
- 3pm: 3–3:50pm Rec Swim* (Lanes 1–6)
- 4pm: 4–4:50pm Rec Swim* (Lanes 1–6)
- 5pm: 5–5:50pm Rec Swim* (Lanes 1–6)
- 6pm: 6–7:30pm Rec Swim* (Lanes 1–6)
- 7pm: Pool closes at 7:30pm (Lanes 1–6)

SUNDAY

Lap Lanes 1 | 2 | 3 | 4 | 5 | 6

- 5am: Pool opens at 6am (Lanes 1–6)
- 6am: Lap Swim (Lanes 1–3); Adult Lap Swim (14+) (Lanes 4–6)
- 7am: *** 7:45–11am YMCA Program Swim Lessons (Lanes 1–3)
- 8am: Lap Swim (Lanes 1–6)
- 9am: Lap Swim (Lanes 1–6)
- 10am: Lap Swim (Lanes 1–6)
- 11am: 11–11:50pm Rec Swim* (Lanes 1–6)
- 12pm: 12–12:50pm Rec Swim* (Lanes 1–6)
- 1pm: 1–2pm Rec Swim* (Lanes 1–6)
- 2pm: Lap Swim (Lanes 1–2); Lap Swim (Lanes 4–6)
- 3pm: 2:30–3:20pm Community Swim A* (Lanes 1–2); Lap Swim (Lanes 3–6)
- 4pm: 3:30–4:20pm Community Swim B* (Lanes 1–2); Community Lap Swim (Lanes 3–6)
- 5pm: 4:30–5:20pm Community Swim C* (Lanes 1–2); Community Lap Swim (Lanes 3–6)
- 6pm: Pool closes at 5:30pm (Lanes 1–6)

Updated 6/14/2018