



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA GYM AT CENTRAL WASHINGTON UNIVERSITY

Room Schedule for APRIL 14 – 30, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Closed	Closed	Closed	AOA Chair Yoga 1pm-1:45pm Elaine	Closed	YMCA Programming** Pre-School Skills & Drills Basketball 9am-9:30am	Closed
	AOA Strength 2pm -2:45pm Jennifer		AOA Yoga for Healthy Back 2pm-2:45pm Elaine		YMCA Programming** Youth Skills & Drills Basketball 9:45am-10:45am	
	Closed		Closed			
Community Partner 6pm-8pm	YMCA Programming** Youth Skills & Drills Basketball 5pm-7:15pm		YMCA Programming Youth Skills & Drills Basketball 5pm-7:15pm		Closed	
Closed	Adult Badminton 7:30pm-10pm		Adult Badminton 7:30pm-10pm	Community Partner 6pm-8pm		
				Closed		
COMING THIS MONTH	YOUTH SKILLS & DRILLS BASKETBALL Tuesdays, starting April 17-May 8, 5pm-6pm Tuesdays, starting April 17-May 8, 6:15pm-7:15pm Saturdays, starting April 14-May 5, 9:45am-10:45am		YOUTH SKILLS & DRILLS BASKETBALL Thursday, starting April 19-May 10, 5pm-6pm Thursday, starting April 19-May 10, 6:15pm-7:15pm		PRESCHOOL SKILLS & DRILLS BASKETBALL Saturdays, starting April 14-May 5, 9am-9:30am Tuesdays, starting April 14-May 5, 6:15pm-7:15pm	

**YMCA PROGRAMS REQUIRE REGISTRATION. SEE MEMBER SERVICES FOR ADDITIONAL INFORMATION.