



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NET SPORTS

Room Schedule for MARCH 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING CLASSES						
Adult Badminton (16+) Large Gym 5-9:15am	Adult Pickleball (16+) Large Gym 5-9:15am		Adult Badminton (16+) Large Gym 5-9:15am	Adult Pickleball (16+) Large Gym Side A 5-9:15am	Adult Pickleball (16+) Large Gym Side B 6:45-9:30am	Adult Badminton (16+) Large Gym Side A 5-9:15am
					Adult Badminton (16+) Large Gym Side B 7-9:15am	Badminton (All Ages) Large Gym 7:30am-12:30pm
AFTERNOON/EVENING CLASSES						
					Table Tennis Group Fitness 1 12:30-7:30pm	Table Tennis Group Fitness 1 1:30-5:30pm
Table Tennis Group Fitness 1 3-5:30pm			Table Tennis Group Fitness 1 3-4pm	Table Tennis Group Fitness 1 8:30-9:30pm	Badminton (All Ages) Large Gym 4-5:45pm	
Adult Badminton (16+) Small Gym 8:15-9:30pm	Badminton (All Ages) Large Gym 6:15-9:30pm	Table Tennis Group Fitness 1 8:30-9:30pm		Adult Volleyball (16+) Large Gym Side A 8:30-9:30pm	Adult Volleyball (16+) Large Gym Side B 7:45-9:30pm	Adult Badminton (16+) Large Gym 6:15-7:30pm
COMING THIS MONTH		PARENT/CHILD SKILLS & DRILLS BASKETBALL Wednesdays, starting Mar 7, 4pm-4:30pm Children learn basic skills to help develop hand-eye and foot coordination as well as skill development and team work. Adult participation is required.		AOA DAY TRIP: NISQUALLY NATIONAL WILDLIFE REFUGE Friday Mar 23, 11am -3pm		FAMILY SNOWSHOE Saturday Mar 17, 11am -3pm Come and enjoy the snow in the beautiful Cascades this winter! We provide snowshoes, transportation and staff to guide you on your adventure into the mountains.