



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# NET SPORTS

Room Schedule for APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MORNING CLASSES</b>						
Adult Badminton (16+) Large Gym 5-9:15am	Adult Pickleball (16+) Large Gym 5-9:15am		Adult Badminton (16+) Large Gym 5-9:15am	Adult Pickleball (16+) Large Gym Side A 5-9:15am	Adult Pickleball (16+) Large Gym Side B 6:45-9:30am	Adult Badminton (16+) Large Gym Side A 5-9:15am
					Adult Badminton (16+) Large Gym Side B 7-9:15am	Badminton (All Ages) Large Gym 7:30am-12:30pm
						Pickleball (All Ages) Large Gym 7:30am-12:30pm
<b>AFTERNOON/EVENING CLASSES</b>						
						Table Tennis Group Fitness 1 12:30-7:30pm
Table Tennis Group Fitness 1 3-5:30pm			Table Tennis Group Fitness 1 3-4pm		Table Tennis Group Fitness 1 8:30-9:30pm	Badminton (All Ages) Large Gym 4-5:45pm
Adult Badminton (16+) Small Gym 8:15-9:30pm	Badminton (All Ages) Large Gym 6:15-9:30pm	Table Tennis Group Fitness 1 8:30-9:30pm	Adult Volleyball (16+) Large Gym Side A 8:30-9:30pm	Adult Volleyball (16+) Large Gym Side B 7-9:30pm		Adult Badminton (16+) Large Gym 6-7:30pm
						Volleyball (All Ages) Large Gym 6-7:30pm
<b>COMING THIS MONTH</b>	<b>SPORTS CLINICS—BASKETBALL</b> Tuesday, Wednesday, Thursday, April 3-5, 2pm-4pm Tuesday, Wednesday, Thursday, April 10-12, 2pm-4pm YMCA Teen Sports are about building the whole person from the inside out. Sports Clinics focuses on the development of basketball fundamentals. Players will scrimmage the last 15 minutes of each clinic session.			<b>SWING DANCE WORKSHOP</b> Saturday, April 21, 6-7:30pm Learn Swing basic steps, variations, and lead-and-follow techniques. Teresa will help you feel comfortable on the dance floor and be ready for any celebration. Bring your friends for a fun night out this Saturday evening!		<b>LEADER IN TRAINING WORKSHOP FOR TEENS</b> Monday April 2-Tuesday April 3, 9am-12:30pm Tuesday April 10-Wednesday April 11, 9am-12:30pm Become a competitive candidate for summer employment by taking a Leader In Training - Summer Camp Workshops. We will go over some of the essential youth work skills so you feel ready to get the job of your dreams this summer.