



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

February 2018

All Times Subject to Change

		MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY											
		Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes											
		1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6						
5:00-9:30	Lap Swim	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim											
		5:30-6:30am Masters						5:30-6:30am Masters						6:30-8am Community Partner						5:30-6:30am Masters						5:30-6:30am Masters						Pool Opens at 7am						Pool Opens at 7am											
9:30-1:00	Lap Swim	8:30-9:30am Aqua Fitness (All Levels)						8:30-9:30am Aqua Fitness-Mixed Depth						8:30-9:30am Aqua Fitness (All Levels)						8:30-9:30am Aqua Fitness-Mixed Depth						8:30-9:30am Aqua Fitness (All Levels)						8am-1pm YMCA Program Swim Lessons						8-10am YMCA Program Swim Lessons											
		10-10:30am YMCA Program						10-10:30am YMCA Program						10-10:30am YMCA Program						10-10:30am YMCA Program						11:15am-12:15pm Pre-Masters						11:15am-12:15pm Pre-Masters						11am-12pm YMCA Program						10-11am YMCA Program					
1:00-4:00	Lap Swim	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
		2:30-4pm Community Partner						2:30-4pm Community Partner						2:30-4pm Community Partner						2:30-4pm Community Partner						2:30-4pm Community Partner						2:30-4pm Community Partner						2:30-4pm Community Partner						2:30-4pm Community Partner					
4:00-7:00	Lap Swim	4-5pm YMCA Program						4-5pm YMCA Program						4-5pm YMCA Program						4-5pm YMCA Program						4-5pm YMCA Program						4-5pm YMCA Program						4-5pm YMCA Program						4-5pm YMCA Program					
		5-7pm YMCA Program Swim Lessons						5-7pm YMCA Program Swim Lessons						5-7pm YMCA Program Swim Lessons						5-7pm YMCA Program Swim Lessons						5-7pm YMCA Program Swim Lessons						5-7pm YMCA Program Swim Lessons						5-7pm YMCA Program Swim Lessons						5-7pm YMCA Program Swim Lessons					
7:00-9:30	Lap Swim	7-8pm Aqua Zumba						7-8pm YMCA Program						7-8pm Aqua Fitness (All Levels)						7-8pm YMCA Program						7-8pm YMCA Program						7-8pm YMCA Program						7-8pm YMCA Program						7-8pm YMCA Program					
		8-9:30pm Community Partner						8-9:30pm Community Partner						8-9:30pm Community Partner						8-9:30pm Community Partner						8-9:30pm Community Partner						8-9:30pm Community Partner						8-9:30pm Community Partner						8-9:30pm Community Partner					