



NET SPORTS

Room Schedule for JANUARY 2018

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
MORNING CLASSES							
Adult Badminton (16+) Large Gym 5-9:15am	Adult Pickleball (16+) Large Gym 5-9:15am		Adult Badminton (16+) Large Gym 5-9:15am	Adult Pickleball (16+) Large Gym 5-9:15am	Adult Badminton (16+) Large Gym Side A 5-9:15am		
				Adult Badminton (16+) Large Gym Side B 7-9:15am		Badminton (All Ages) Large Gym 7:30am-12:30pm	
						Pickleball (All Ages) Large Gym 7:30am-12:30pm	
AFTERNOON/EVENING CLASSES							
					Table Tennis Group Fitness 1 2:30-7:30pm	Table Tennis Group Fitness 1 1:30-5:30pm	
Table Tennis Group Fitness 1 3-5:30pm		Table Tennis Group Fitness 1 3-5pm			Badminton (All Ages) Large Gym 4-5:45pm		
	Badminton (All Ages) Large Gym 6:15-9:30pm	Table Tennis Group Fitness 1 8:30-9:30pm	Adult Badminton (16+) Small Gym 8:15-9:30pm	Adult Volleyball (16+) Large Gym 7-9:30pm	Table Tennis Group Fitness 1 7:30-9:30pm	Adult Badminton (16+) Large Gym 6:15-7:30pm	
						Volleyball (All Ages) Large Gym 6:15-7:30pm	
COMING THIS MONTH	MODIFIED FACILITY SCHEDULE Monday Jan 1 - Facility Closed Monday Jan 15 - Facility Closed		FAMILY FUN NIGHT - CABIN FEVER Friday Jan 19, 6:30pm -8:30pm Cure cabin fever this winter with a night at the Y including inflatables and a giant indoor snowball fight!			ADULT SNOWSHOE Saturday Jan 27, 7:30am-3pm Come and enjoy the snow in the beautiful Cascades this winter! We provide snowshoes, transportation and staff to guide you on your adventure into the mountains.	