

SAMMAMISH COMMUNITY Y

JUNE AQUATICS PROGRAM SCHEDULE

During June we are excited to offer a variety of day and week-long aquatics programs that highlight safety around water. Registration Opens Early for Y Members this Friday, May 12 at 8am online. If remaining spots are still available, in-person registration at the Sammamish Community YMCA will open at 11:00am.

We will not be offering formal swim lessons in June due to our annual Facility Improvement Week that will close our building from June 12th – June 18th and end of school year activities that often create inconsistencies in family schedules.

We look forward to continuing our formal swim lesson program in July with registration for Summer Sessions I and II starting for Y members on Friday, June 2nd at 8am online.

MAY 31 – JUNE 1 WATER SAFETY WEEK

Want to make sure your child is in the correct swim lesson? Want to learn how to properly fit your child in a life jacket? Want to learn about boating safety and how to tread water in open water? This is the week to come to the pool and learn how to keep your kids safe in and around the water.

Open to Y members, registration is per day and required to attend this free program.

PRESCHOOLERS (ages 3-5)

Tuesday- Lifejacket Fitting and Swim lessons assessments 5:00 – 5:50pm
 Wednesday- Boating Safety and Fun
 Thursday- Lifejacket Fitting and Swim lessons assessments

[REGISTER NOW](#)

YOUTH (ages 6-12)

Tuesday- Lifejacket Fitting and Swim lessons assessments 6:00 – 6:50pm
 Wednesday- Boating Safety and Fun
 Thursday- General Rescue skills-what do if someone needs help

[REGISTER NOW](#)

JUNE 5 – 9 SWIM TEAM 101

Learning the ins and outs of what's it's like to be on a competitive swim team, for ages 6-12.

Monday- Freestyle
 Tuesday- Breastroke 5:15 – 6:00pm
 Wednesday-Backstroke 6:15 – 7:00pm
 Thursday- Butterfly
 Friday- Fun Swim Meet

Cost: \$100 FM

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JUNE 5 – 8 PRESCHOOL WATER GAMES

This is for Preschoolers who want to practice their swimming skills though water games. We will work on building swimming endurance and confidence as well as social team building skills, but most importantly we will have fun. All games will have a specific swimming skill as to goal.

Cost: \$80 FM

5:15 – 6:00pm
[REGISTER NOW](#)

6:15 – 7:00pm
[REGISTER NOW](#)

JUNE 19 – 22 SPLASH WEEK (SAFETY AROUND WATER)

This program is designed for youth ages 3-12 that are not comfortable in the water or have not had any formal swim lessons. We have instructors ready to meet youth where they are at and help them to develop their skills and confidence.

Cost: \$80 FM

5:00-5:30pm
[REGISTER NOW](#)

5:30-6:00pm
[REGISTER NOW](#)

6:00-6:30pm
[REGISTER NOW](#)

6:30-7:00pm
[REGISTER NOW](#)



June 5 – 29 ADULTS

6-30-minute swim lessons designed to allow members the opportunity to participate in a safe, fun setting. Each set of lessons is tailored around the needs of the member including instructors, skill set, and participant's aquatic needs. Instructors use positive reinforcement and enthusiasm to create a learning rich environment to help every adult feel successful in an aquatic environment.

No lessons during the week of June 12-16

Cost: \$60 FM

[REGISTER NOW](#)